

Sermon Notes – May 10, 2026

Called By Name

Week 4: Too Busy for What Matters Most

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SCRIPTURE: Luke 10:38-42 NLT

³⁸ As Jesus and the disciples continued on their way to Jerusalem, they came to a certain village where a woman named Martha welcomed him into her home. ³⁹ Her sister, Mary, sat at the Lord's feet, listening to what he taught. ⁴⁰ But Martha was distracted by the big dinner she was preparing. She came to Jesus and said, "Lord, doesn't it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me." ⁴¹ But the Lord said to her, "My dear Martha, you are worried and upset over all these details! ⁴² There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her."

1) Devoted But Distracted

- Martha was distracted "by all the preparations [much serving] ..." (v.40)
- Distraction isn't just about being busy it's about being misaligned with what matters most to Jesus
- Martha's Devotion had drifted into Distraction
- Her eyes and heart had shifted from "being" to "doing".
- A hurried life doesn't just distract us it reorders what matters most
- You can be in the house with Jesus and still miss Him. You can be doing a lot for Jesus but still miss being with Him
- One of the greatest enemies of Devotion is Distraction.
- When our priorities are out of order, they don't just steal our devotion, they create a crowded and frustrated soul

2) Busy But Frustrated

- External busyness creates internal chaos
- Misaligned priorities and busyness don't produce peace; they produce pressure and frustration
- "40 ... She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" – Luke 10:40 NIV
- Busyness and frustration are never just internal struggles, they eventually leak into our relationships.
- When your soul is distracted and crowded, your life gets frustrated and cranky.
- Busyness and Distraction has the power to turn servants into critics.
- When we're too busy, we start blaming others for what's happening inside us and criticizing what's happening around us.

- Our hearts remain restless until they find rest in Him! (St. Augustine of Hippo)

3) Called Back to Devotion

- Called By Name: "41 But the Lord said to her, "My dear Martha [Martha, Martha], you are worried and upset over all these details! 42 There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her." – Luke 10:41-42

- Jesus doesn't leave us distracted and frustrated, He calls us out of our distraction and back to Devotion.

- Jesus doesn't rebuke her service, He reorders her priorities

- "The man who would truly know God must give time to Him." – A.W. Tozer

- The way to freedom, peace, and rest is found in giving Him our time and attention first!

- Sit with Jesus: Being with Jesus is the heart from which all healthy service and life flows!

- Get Practical:

- **A) Sit Before You Serve:** Take a pause before diving into your daily routines. Get quiet and still (Isa. 46:10).

- **B) Name Your Distractions:** Ask: What is stealing my attention? Write it down and bring it to God in prayer.

- **C) Sit Don't Strive:** Choose Presence over performance. Intentionally prioritize connection with Jesus throughout your day. Make time for what matters most!